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solicitors

Irwin Mitchell is proud to sponsor the Doncaster Carers Newsletter
Tel: 0114 2744337

Christmas at our Carers Centre

The 1st December saw us venturing out to Wentworth Garden Centre for our traditional Carers Christmas Lunch, and for an extra treat we were able to enjoy their Victorian Christmas Market. We would like to thank staff at Wentworth Garden Centre for their dedicated efforts to ensure all our Carers had a good time - not to mention an excellent meal!

The 7th December saw DPFC and South Yorkshire Fire Service come together to put on an event for Carers in Doncaster. The event was attended by 20+ carers, all gaining knowledge of both services, and being entered into the draw for some winter warmer goodies!!

On the 15th December we held a celebration event for Carers in Communities. This event was attended by people from all different backgrounds including: Asian, African, Polish, Kurdish, British and Chinese communities. Entertainment was provided by Carers and Volunteers provided various foods catering for all!

We would like to thank all our Volunteers for all the hard work they put into each of the events held

Carers Christmas In Pictures



Carers at the Fire Safety Event



Enjoying Christmas Lunch at Wentworth Garden Centre



Carers shared their experiences



Entertainment provided for Carers



Civic Mayor Eva Hughes shows her support



Enjoying our Carers in Communities Celebration



Also join us on...

 Find us on Facebook



Single non-emergency 101 police number launch announced by the Home Office.

On Wednesday 11 January, the Home Office announced the launch of the national single police non-emergency number, 101. The 101 number was introduced for the whole of South Yorkshire on 4 November and during December 43% of the Force's non-emergency calls were received on the new 101 number.

One reason for introducing a single non-emergency number is to reduce the burden on the 999 service. Approximately two thirds of the 999 calls received by South Yorkshire Police are not genuine emergencies. Recent inappropriate calls have been to report cold kebabs, a lost kitten and a broken video recorder!

Commander Ian Dyson, ACPO lead on contact management, said "Having just two phone numbers - 101 for reporting a crime that has happened, to get advice or to raise local policing issues - or 999 if it's an emergency, makes calling the police a lot easier and makes our services more accessible"

The new 101 number is designed to give the public a memorable number for their local police force to report crimes and concerns that do not require emergency response.

Nick Herbert, Minister for Policing and Criminal Justice, said "The introduction of the 101 number marks one of the most significant changes in the way people contact the police since the 999 number was introduced nearly 70 years ago' the public now have an easier way to contact their local police force with a memorable number for non-emergencies"

For more information on 101, visit www.southyorkshirepolice.uk/101

Out of Hours Emergency Social Services

The Emergency Social Services Team (ESST) provides out of hours cover for all social care emergencies within Doncaster Metropolitan Borough.

The team is made up of a variety of specialist social care staff so that the relevant staff can be called upon depending on the nature of an enquiry.

Hours of availability

The service is available from 5.00pm in the evening until 8.30 am the following morning during the week with 24 hour cover at weekends and Bank Holidays, including Christmas Day. To contact ESST please phone 01302 796000

For a full outline of what this service provides a factsheet is available from DPfC or you can log on to Doncaster Councils website.



FORTHCOMING TRAINING AT SYCIL

CONFIDENCE BUILDING AND ASSERTIVENESS

13 March and 29 May

DISABILITY EQUALITY TRAINING

22 March

DEAF AWARENESS - 29 March

EMPLOYING A PA – three part course

13 March, 20 March and 27 March
15 May, 22 May and 29 May

All sessions are for two and half hours and are free to Disabled People, those with long term illnesses, their family members and Carers.

Please call **01302 89 29 49** for more details and/or to book.

DARTS

Friday 2 December was Carers Rights Day in the UK. Carers and the people they care for came to darts, Doncaster Community Arts, for a drink, a chat and some creative activities with artists.

Carers Rights Day was the perfect way for darts to work with other organisations supporting and working with carers. Together we engaged carers in a more creative way and signposted them to the services they needed.

We shared our ideas for the Face of Carers campaign, consulted with carers and simply enjoyed celebrating the hard work of a carer. Activities were lively and engaging from juggling as a metaphor for our responsibilities to writing and singing a song together about what we were thankful for.

In the afternoon, the artists took the message into the centre of Doncaster to try and find hidden carers in the town. The travelling circus of dancers, fire-eaters and musicians spent the afternoon talking to people about caring and entertaining chilly shoppers.

For more information about dart's projects with carers call **Hayley Beecher on 01302 558048** or visit our website www.thepoint.org.uk

Red Cross Equipment Loans

The Red Cross operates a short-term loan service for wheelchairs and commodes. The maximum period of loan is up to six weeks. This is a donation-funded service. There is no hire charge

We can supply wheelchairs suitable for children of all ages or for adults weighing up to 25 stone. Elevated leg rests can be fitted if required.

In most cases the client, or their representative, will arrange to collect the equipment from the local depot. However, delivery to the client's home can be arranged for a small fee.

Telephone: 01709 879451

Carers Lunch Clubs

DPfC Carers Lunch Clubs have so far proved very successful, with a large number of Carers staying to enjoy a light lunch following Coffee Mornings and Konnect Clubs.

Foods are purchased from Fare Share who receive donations from various different supermarkets, one of which is Sainsbury's.

Workers from Sainsbury's came along to see how well received their donations are (pictured below with volunteers and staff).



Local News

Did you Know?

The 8-8 Health Centre has moved. It is now situated in the new NHS building, The Flying Scotsman.

The new address and contact details are:

Doncaster 8 - 8 Health Centre
The Flying Scotsman
St Sepulchre Gate
West
Doncaster
DN15 3AP
Tel: 01302 645544

DIAL Doncaster

Affordable Self-Drive Vehicle Hire from DIAL Doncaster

DIAL Doncaster has a 5 seater vehicle, a Peugeot Expert Tepee Comfort 'Independence' for hire. The vehicle has been adapted to carry a wheelchair user passenger (if you require this additional option). There is a wheelchair ramp fitted for easy access and fold down seats for extra storage, if required. The hire periods can range from a single day to 7 days. The vehicle is ideal for short term and medium hire. The vehicle can be collected from our office based at Shaw Wood Business Park. **Hire Charges are: First Day: £35, Additional Days: £30. This vehicle was funded by the Aiming High Project, DMBC.**



WEA

STEPFORWARD PROJECT

New courses are to begin in April 2012, at various places around Doncaster Town Centre.

Monday's 12pm

Gentle Exercise at Chequer Road, 9:30am
Conversation Group at The Women's Centre

Tuesday's 9:30am

Top to Toe at The Women's Centre

Tuesday's 12pm

Computers for All at The Women's Centre

For more information contact Rosemary Stephen on 07854823810

DPfC Helpline
Tel 01302 531333

Mon-Fri 9am-5pm
Except for bank holidays.

Out of hours we have an answer machine for you to leave a message

Drop in

DPfC Carers Centre

Mon-Thurs 10am-4pm

Who we are

Doncaster Partnership for Carers (DPfC) support adults living in Doncaster who care for a family member, partner or friend who cannot manage without their help because they are ill, frail, have a physical disability or a mental health problem.

All our services are **free** and **confidential**.

We help carers with:

- Information
- Accessing services
- Complaints
- Training
- Attending support groups
- A listening ear
- Language support
- Meeting other carers
- Volunteering

We can also give you a 'voice' in health and social care service planning arenas.

Contact us

DPfC Carers Centre

74 Church Lane

Bessacarr, Doncaster, DN4 6QD

Tel 01302 531333

Email dpfc@doncastercarers.org.uk

Web www.doncastercarers.org.uk



Carers Coffee Mornings/Konnect Clubs

All our Coffee Mornings/Konnect Clubs are held the DPfC Carers Centre, 74 Church Lane, Bessacarr. Guest speakers are invited to keep you informed of services that may be of use to you. Our friendly staff are always on hand for support and advice.

DPfC Carers are invited to our coffee mornings which are informal, informative and fun. It is an ideal opportunity to meet new friends and share your caring experiences with other carers. Held on the **2nd and 4th Wednesday 10am – 12 noon**.

BME Carers Konnect Club Carers from the BME community are invited to experience a range of activities whilst meeting other carers, share experiences and support each other. Held on the **3rd Wednesday of each month from 10:30am to 1pm**.

50+ Carers Konnect Club Carers aged 50 and above are invited to experience a range of activities, focusing on different fun ways to stimulate the mind. Want to know more - come along and join us to find out. Held on the **1st Wednesday of each month from 10am to 12pm**.

ACM is a specialist coffee morning for people with Autism and their carers. They meet on the **2nd Tuesday of the month 10am – 12noon**.

Carers Lunch Clubs The Carers Lunch Club is open on the **1st, 2nd, 3rd and 4th Wednesday** of each month following on from our Carer Coffee Mornings/Konnect Clubs with the exception of the ACM. Light lunches are available to order from 11am - 12pm. Activities take place between 1pm and 2pm.

Let us help untie your time



We can order &/or collect your repeat prescriptions from the surgery and have your medicines dispensed and ready for collection at one of our branches closest to your home

Repeat Prescription Service



weldricks.co.uk

"Committed to Community Healthcare"

Hi Weldrick Ltd the Weldricks Pharmacy

DONCASTER CARERS FORUM

The Carers Forum meets bi-monthly on the third Wednesday of the month 10am – 12noon at DPfC Carers Centre



Articles printed in the Doncaster Carers Newsletter do not necessarily reflect the view of Doncaster Partnership for Carers Ltd.
PLEASE NOTE: That whilst every care has been taken to provide accurate up-to-date information, no responsibility can be accepted for error or omissions in this issue, neither does the inclusion of any service imply any kind of recommendation

Directions By Car

From the St Ledger (racecourse) roundabout exit onto Bawtry Rd (A638). Stay on Bawtry Rd (A638) until you pass the Punches Hotel, at these traffic light turn left into Church Lane. When you come to a staggered junction, continue ahead on Church Lane, we are on the right.

Bus Route

Catch the bus (brown line) from stand A5, get off at the Water Tower Lane bus stop. Church Lane is the road opposite the water tower and we are on the right



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